



2ND ANNUAL OBESITY UPDATE

for healthcare providers

SATURDAY, SEPTEMBER 22, 2018

University of Alberta, Lister Conference Centre,
Maple Leaf Room, 11613 87 Ave NW

Do you deliver primary care to patients living with obesity?

6 million Canadians are living with obesity, yet many healthcare professionals feel uncomfortable managing this chronic condition.

During this program leaders from our own professional communities will present the most up-to-date information on the medical and surgical management of obesity.

CAMIS
Centre for the Advancement
of Minimally Invasive Surgery

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Services

REGISTER AT:

<https://obesityupdate.eventbrite.ca>

CONTACT INFORMATION:

Nicole Christensen, Program Coordinator, Obesity Canada
780-492-8361 • christensen@obesitynetwork.ca

Presenters

Renuca Modi, MD, CCFP*

Assistant Clinical Professor,
Family Medicine, University of Alberta
Medical Lead, Edmonton Adult Bariatric
Specialty Clinic

Arya Sharma, MD/PhD, FRCPC*

Clinical Lecturer, Family Medicine,
University of Alberta

Rick Ward, MD, CCFP

Medical Director, Primary Care, Calgary
Zone-Alberta Health Services

Brian Stonehocker, MD, FRCPC*

Assistant Clinical Professor, Psychiatry,
University of Alberta

Sarah Chapelsky, MD, FRCPC*

Clinical Lecturer, Internal Medicine,
University of Alberta

Carol Kuzio, RN

Senior Practice Lead, DON-SCN

Sarah Cawsey, MD, FRCPC*

Assistant Clinical Professor,
Endocrinology & Metabolism,
University of Alberta

Chris de Gara, FRCS (Ed, Eng & C) FACS

Professor, Surgery, University of Alberta

Shahzeer Karmali, MD, FRCSC, FACS*

Associate Professor, Surgery, University of
Alberta

Daniel Birch, MD, FRCSC, FACS*

Professor, Surgery, University of Alberta

Sherry Waroway, RD*

Alberta Health Services

Pamela Hayduk, RN*

Alberta Health Services

*Edmonton Adult Bariatric Specialty Clinic

Planning Committee:

- Daniel W Birch, MD, FRCSC, FACS
- Sarah Chapelsky, MD, FRCPC
- Sarah Cawsey, MD, FRCPC
- Sabrina Kwon, MD, MCFP
- Isabelle Gagnon, MD, CCFP
- Hammzah Jomha, MD, CCFP DABFM
- Renuca Modi, MD, CCFP
- Sue Yorke, RN, CBN
- Dawn Hatanaka, Director Education
Obesity Canada
- Arya Sharma, MD, FRCPC

Fees (breakfast & lunch provided):

- \$75 for early bird registration (available until
Aug 22, 2018)
- \$100 after August 22, 2018

Program Objectives

At the conclusion of this program, participants should be able to:

- Discuss the relevance of patient and healthcare provider perspectives in the management of obesity
- Engage patients in dialogue about treating their obesity or reducing their risk of developing obesity
- Have a basic understanding of binge eating disorder
- Describe the differences and advantages of behavioural therapy, pharmacotherapy & surgical options for the management of obesity
- Make behavioural recommendations that individual patients can realistically incorporate
- Understand the flow of patient care from referral to bariatric surgery and beyond
- Apply considerations for obesity management to special populations

Schedule

7:30am	Registration, Breakfast
8:00am	Opening Remarks / Welcome <i>Dr. Renuca Modi / Carol Kuzio</i>
8:05am	Patient and Healthcare Provider Perspectives on Obesity and Its Management <i>Dr. Arya Sharma</i>
8:45am	Binge Eating Disorder – DSM V <i>Dr. Rick Ward</i>
9:25am	Pharmacotherapy I: Lisdexamfetamine in BED <i>Dr. Brian Stonehocker</i>
10:00am	Patient Experience
10:05am	Refreshment Break
10:20am	Pharmacotherapy II: General Principles of Obesity Pharmacotherapy <i>Dr. Sarah Chapelsky</i>
10:45am	Pharmacotherapy III: Naltrexone HCl/Bupropion HCl for Chronic Weight Management <i>Dr. Renuca Modi</i>
11:10am	Patient Experience
11:15am	Pharmacotherapy IV: Liraglutide for Chronic Weight Management <i>Dr. Sarah Cawsey</i>
11:40am	Patient Experience
11:45am	Lunch (included)
12:30pm	Bariatric Surgery Procedures and Mechanisms <i>Dr. Shahzeer Karmali</i>
1:30pm	Evolution of Bariatric Surgery <i>Dr. Chris de Gara</i>
2:00pm	Common Post-op Surgical Complications <i>Dr. Daniel Birch</i>
2:25pm	Refreshment Break
2:35pm	Nutrition I: Role of Partial and Complete Meal Replacements <i>Sherry Waroway, RD and Dr. Sarah Chapelsky</i>
3:00pm	Nutrition II: Long Term Post-op Care <i>Sherry Waroway, RD</i>
3:25pm	Flow of the Bariatric Patient from Primary to Tertiary Care <i>Pamela Hayduk, RN</i>
3:50pm	Medical Tourism <i>Dr. Daniel Birch</i>
4:15pm	Closing Remarks / Complete Evaluations <i>Dr. Modi / Carol Kuzio</i>

Accreditation:



This event is pending accreditation for SCOPE points and Continuing Professional Development (CPD) certification.