Mechanical
- Pain
- Sleep Apnea/ Respiratory Concerns
- Mobility
- Urinary Incontinence
- Gastrointestinal Problems
- Skin Problems

Mental
- Stress
- Emotional Eating
- Mood
- Medications
- Addiction
- Poor Sleep

Social Milieu
- Resources for Food
- Resources for Activity

Metabolic
- Heart Disease
- Diabetes
- Cancer
- Liver Disease
- PCOS

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