



## Mechanical



Pain  
Sleep Apnea/ Respiratory Concerns  
Mobility  
Urinary Incontinence  
Gastrointestinal Problems  
Skin Problems



## Mental



Stress  
Emotional Eating  
Mood  
Medications  
Addiction  
Poor Sleep



## Social Milieu




Resources for Food  
Resources for Activity



## Metabolic



Heart Disease  
Diabetes  
Cancer  
Liver Disease  
PCOS



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PROVIDER INFORMATION

PATIENT INFORMATION

PATIENT-PROVIDER  
COMMUNICATION TOOLS

