



3RD ANNUAL OBESITY UPDATE

SATURDAY, SEPTEMBER 7, 2019

**Edmonton — University of Alberta
Lister Conference Centre**

Do you deliver primary care to patients living with obesity?

6 million Canadians are living with obesity, yet many healthcare professionals feel uncomfortable managing this chronic condition.

During this program leaders from our own professional communities will present the most up-to-date information on the medical and surgical management of obesity.

REGISTER AT:

<https://obesitycanada.ca/obesity-updates/>

CONTACT INFORMATION:

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Breakfast and lunch provided.

Schedule

07:15	Registration, Breakfast	13:40– 13:50–	Patient experience: Naltrexone HCL / Bupropion HCL <i>Ian Lauder / Dr. Sarah Cawsey</i>
08:00	Opening Remarks / Welcome	13:55–	Pharmacotherapy: Coming down the pipelines
08:10	<i>Dr. Renuca Modi / Dr. Sabrina Kwon</i>	14:15–	• Tirzepatide (GLP-GIP dual agonist) • Semaglutide (GLP-1 agonist) <i>Dr. Renuca Modi</i>
08:15– 08:25	Patient Experience: Journey through the Edmonton Adult Bariatric Specialty Clinic (EABSC) <i>Ken Lake / Dr. Sabrina Kwon</i>	14:15– 14:30	Activity break
08:30– 09:15	Overview of Obesity And Weight Bias <i>Dr. Ali Zentner – Keynote Speaker</i>	14:35– 15:20–	Management of Binge Eating Disorder: • Diagnosis DSM V • Cognitive Behavioral Therapy • Pharmacotherapy <i>Dr. Barry Simon</i>
09:20– 09:40	Bariatric Surgery: 1) Different weight loss procedures 2) Mechanisms of Action 3) Weight Loss Expectations <i>Dr. Richdeep Gill</i>	15:25– 15:35–	Patient Experience: Lisdexamfetamine <i>Stephanie Baker / Dr. Sarah Chapelsky</i>
09:40– 10:00	My patient had a weight loss surgery, now what? • Common complications after bariatric surgery • Dietary recommendations • Long term follow up for health and weight maintenance <i>Dr. Richdeep Gill</i>	15:40– 16:00–	Pre-operative Weight Loss: What are my Options? • Partial Meal Replacement • Complete Meal Replacement • Pharmacotherapy <i>Dr. Sarah Chapelsky</i>
10:00– 10:15	Refreshment Break	16:00– 16:10	Fad Diets! <i>Dr. Sabrina Kwon</i>
10:20– 10:40	Impact of Weight Loss Surgery on co-morbidities and mortality <i>Dr. Daniel Birch</i>	16:10– 16:20	Nutrition, physical activity and behavior recommendations for chronic weight management <i>Dr. Renuca Modi</i>
10:45– 11:05	Bariatric Revision Surgery: • Is my patient a candidate? • Investigations and options <i>Dr. Aliyah Kanji</i>	16:25	Closing Remarks / Complete Evaluations <i>Dr. Renuca Modi / Dr. Sabrina Kwon</i>
11:10– 11:30	Weight recidivism; Pharmacologic rescue post bariatric surgery <i>Dr. Peter Rye</i>		
11:35– 11:45	Patient Experience: Medical weight loss post bariatric surgery <i>Jo-Ann Ager / Dr. Sarah Cawsey</i>		
11:50– 12:10	Pharmacotherapy: Liraglutide for Chronic Weight Management <i>Dr. Sarah Cawsey</i>		
12:10– 12:55	Lunch		
13:00 13:10	Patient Experience: Liraglutide <i>Monica Allen / Dr. Sarah Chapelsky</i>		
13:15– 13:35	Pharmacotherapy: Naltrexone HCL/ Bupropion HCL for Chronic Weight Management <i>Dr. Shehbina Walji</i>		