

Table 1: Participant Demographics

Characteristics	n
Gender	
Female	9
Male	6
Other	0
Cultural/First Nation Self-Identification	
Cree	6
Anishinaabe	
- Ojibwe	2
- Saulteaux	2
Blackfoot	
- Kainai	1
- Siksika	1
Kwakiutl	1
Inuit	1
Location of residence	
On-reserve	5
Urban centre	9
Age (years)	
20 – 29	3
30 – 39	7
40 – 49	3
50 – 59	1
Self-reported obesity status	
Currently living with obesity	9
No longer living with obesity	4
Never lived with obesity	1