

Source: Twells LK, Janssen I, Kuk JL. Canadian Adult Obesity Clinical Practice Guidelines: Epidemiology of Adult Obesity. Downloaded from: <https://obesitycanada.ca/guidelines/epidemiology>

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Figure 2: The Prevalence of Adult Obesity (18+ Years) in Canada by Province, Comparing Self-Report Versus Measured Heights and Weights: 2004, 2005 and 2015*

