

Table 1 Assessment of Clinical Space Checklist

Type of space	Considerations
<p>Waiting Areas</p> <p>Reading material, health promotion posters and artwork</p> <p>Seating (chairs, stools and sofas)</p>	<ul style="list-style-type: none"> ✓ Avoid images and content that could stigmatize, exclude and/or discriminate against individuals with obesity ✓ Adequate weight capacity (minimum 136kg/300lb) ✓ Chairs with and without armrests ✓ 15cm–20cm spacing between chairs ✓ Chair width greater than 51cm ✓ Chair seat depth greater than 46cm ✓ Firm cushions ✓ Seat height minimum 41cm ✓ Mix of chairs so that there is not a perceived 'section' for people with obesity that is separate from other seating
<p>Washroom</p> <p>Toilet</p> <p>Specimen container</p>	<ul style="list-style-type: none"> ✓ Minimum weight capacity of 136kg ✓ Floor mounted ✓ Ensure enough room surrounding toilet to allow for sitting or straddling of toilet ✓ Professionally installed, wall-mounted grab bars nearby to support getting on and off the toilet ✓ Split (U-shaped) toilet seat ✓ Consider placement of toilet paper roll within reach (i.e. not behind toilet) ✓ Urine specimen container with handle
<p>Examination rooms</p> <p>Weigh scale</p> <p>Exam table</p> <p>Step stool</p>	<ul style="list-style-type: none"> ✓ Minimum weight capacity of 227kg (500lbs) ✓ Wide standing surface ✓ Supportive handlebars on scale or professionally installed wall mounted grab bars close by ✓ Built-in ramp for wheelchair or individuals with mobility difficulties ✓ Seating and long-handled shoehorn nearby ✓ Located in an area that provides privacy ✓ Minimum weight capacity 227kg ✓ Firm cushioned surface ✓ Wide enough to support various body shapes ✓ Positioned close to structures such as wall mounted grab bars ✓ Step stool (see below) ✓ Minimum weight capacity 227kg ✓ Wide surface ✓ Equipped with supportive handlebar(s)
<p>Clinic equipment</p> <p>Gowns</p> <p>Blood pressure cuffs</p> <p>Tape measure</p> <p>Needles</p> <p>Speculum</p> <p>Phlebotomy</p>	<ul style="list-style-type: none"> ✓ Have a range of large sizes available. ✓ Large and extra-large cuffs readily available ✓ Appropriate length for waist and hip circumference measurement ✓ Available up to 304cm long ✓ 5cm safety needles available for intra-muscular injection ✓ Large or extra-large speculum ✓ Available with 17.8cm blade ✓ Longer tourniquet up to 81cm long