

This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](https://creativecommons.org/licenses/by-nc-nd/4.0/) (CC BY-NC-ND 4.0). For reprint and all other inquiries please contact [guidelines@obesitynetwork.ca](mailto:guidelines@obesitynetwork.ca) / +1-(780)-492-8361.

Table 2: Proposed Waist Circumference Cut-Off Points (cm) to Define Increase Abdominal Adiposity by Predominant Ethnicity

Predominant Ethnicity	Increased Abdominal Adiposity / Cardiovascular Risk		Significant Abdominal Adiposity / Greater Cardiovascular Risk	
	Women	Men	Women	Men
Caucasian Euroid /United States /		94	88	102
Mid-east Mediterranean <sup>64</sup>	80	88	90	94
Latino central / South American <sup>65</sup>	83	94		
Sub-Saharan African <sup>64</sup>	80	80	99	95
African American	90	76.5	81.5	80.5
African	71.5	85		
Asian	80	83		
Chinese <sup>66</sup>	81	80	85	90
Korean <sup>67</sup>	75	94		
Canadian Aboriginal <sup>68</sup>	80			