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Table 2: Proposed Waist Circumference Cut-Off Points (cm) to Define Increase Abdominal Adiposity by Predominant Ethnicity

Predominant Ethnicity	Increased Abdominal Adiposity / Cardiovascular Risk		Significant Abdominal Adiposity / Greater Cardiovascular Risk	
	Women	Men	Women	Men
Caucasian Europid /United States / Mid-east Mediterranean ⁶⁴	80	94	88	102
Latino central / South American ⁶⁵	83	88	90	94
Sub-Saharan African ⁶⁴	80	94		
African American	90	80	99	95
African	71.5	76.5	81.5	80.5
Asian	80	85		
Chinese ⁶⁶	81	83		
Korean ⁶⁷	75	80	85	90
Canadian Aboriginal ⁶⁸	80	94		