Managing pediatric obesity: a clinical practice guideline Obesity is a complex, chronic, and relapsing disease, where clinicians should: Establish a positive relationship with children and families Avoid negative, stigmatizing language Complete a comprehensive health assessment, considering social determinants of health Present intervention options as part of a nonjudgmental approach Encourage children and families to participate in decision-making Provide long-term support for obesity management **RECOMMENDED** Behavioural and **Pharmacologic** psychological interventions interventions† Multicomponent interventions Glucagon-like peptide-1 receptor agonists Nutritional interventions Biguanides Physical activity interventions Psychological interventions Surgical interventions[†] (where available) Laparoscopic sleeve gastrectomy Roux-en-Y gastric bypass **NOT RECOMMENDED DON'T KNOW** Lipase inhibitors **Technology** interventions *Strong recommendation: multicomponent behavioural and psychological interventions; conditional: all other recommended interventions. [†]In combination with behavioural and psychological interventions

Figure 1: Summary of the guideline recommendations. See Related Content tab for accessible version.